CHECKLIST

Your beach lifeguard qualification checklist

- [ ] Research NVBLQ training providers near coastal areas
- [ ] Book your place on an approved course before the season begins
- [ ] Complete the full training and pass both theory and practical assessments
- [ ] Apply for seasonal positions with councils or coastal organisations
- [ ] Attend in-service training and local briefings before your first shift
- [ ] Maintain fitness throughout the season and between contracts
- [ ] Arrange your annual reassessment to keep the qualification current