CHECKLIST

Safe swimming area checklist

- [ ] Look for red-and-yellow flags marking the patrol zone
- [ ] Confirm the lifeguard station is staffed and open
- [ ] Read all signs at the entrance and near the water
- [ ] Check tide times before you arrive
- [ ] Assess your swimming ability and that of anyone you are supervising
- [ ] Stay between the flags throughout your swim
- [ ] Leave the water immediately if you hear a whistle or see a flag change