



CHECKLIST

Family beach safety checklist

- ☐ Check the flags on arrival

- ☐ Agree a boundary and meeting point before swimming

- ☐ Stay within arm's reach of young children near water

- ☐ Keep older children swimming between the flags with a companion

- ☐ Watch for quiet, low-in-the-water behaviour rather than splashing

- ☐ Reapply sun cream and offer water through the day

- ☐ Count heads before settling or packing up

- ☐ Agree what to do if someone goes missing from the group
